

# Foundations of Naturopathic Medicine Project: **Codifying our knowledge.** *It's time.*

**O**ur heroes are everywhere: the Greek botanist Pedanios Dioscorides with his *De Materia Medica*; Basil of Caesarea whose *Hexaemeron* is enormously relevant even today; the learned professors of the University of Salerno in the 9th century whose *Regimen Sanitatis* was a best seller of its time, all the way to Paracelsus in the 16th century, Nicholas Culpeper in the 17th, Hermann Boerhaave in the 18th, Samuel Hahnemann in the 19th century, and Benedict Lust and Henry Lindlahr more recently.



A profession must codify its unique knowledge to grow. It must find a powerful way to transfer its knowledge to new generations of practitioners. The goal of the Foundations of Naturopathic Medicine Project is to strengthen, deepen, unify and communicate the work of modern naturopathic physicians.



# what we want to achieve...

**CODIFY**, using modern terms, naturopathic philosophy and principles of practice in a clinically applicable and scientifically meaningful way.

**UNIFY AND RALLY** the naturopathic medicine profession and its scholars to deepen its knowledge platform via a dynamic, systematic interaction among scientific research, clinical practice, institutional development and public policy.

**PRODUCE A RIGOROUS SYNTHESIS** of modern naturopathic philosophy as well as define its concepts/principles, so that these concepts can be systematically evaluated/researched by key stakeholders and health communities; and support the educational standards of the CNME.

**PRODUCE A SERIES OF CORE FRAMEWORKS**, emerging models and guidelines to support the rigorous application of naturopathic philosophy and theory to clinical decisions.

**This textbook will reflect global naturopathic scholarship and unlike foundational philosophical texts of naturopathic medicine such as Lindlahr (1913), written by single authors, 150 contributors are collaborating on this text.**

**LEVERAGE THE FULL FLOWER OF NATUROPATHIC MEDICINE** in the twenty-first century, constituting an evolution in the modern understanding of how healing works.

**LAUNCH A SYMPOSIUM** which will recur every five years, with new editions.



**T**he Foundations of Naturopathic Medicine Project will produce a textbook on the philosophy, theory and principles of naturopathic medicine as a synthesis of the state of knowledge and understanding of the naturopathic scholastic community. At its core the book and future editions will arise from a dialogue created at a series of symposia over many years where leading holistic scientists and the key academic and scientific thought leaders in the naturopathic scholastic community will repeatedly come together. They will create a synthesis of naturopathic philosophy curricula, and a series of core frameworks, emerging models and guidelines. The project will produce a seminal text concentrating specifically on Naturopathic Medicine and assembling the best and most recent thinking on:

**The principles and theory of naturopathic medicine.**

**The science of health and the process of healing.**

**Application to primary care.**

**Application to clinical decision-making.**

**Implications for public health policy.**

Classical naturopathic medical texts on the basis of healing and laws of health have not been updated in over 90 years. Since Lindlahr's ground breaking 1913 publication *Nature Cure: Philosophy & Practice Based on the Unity of Disease & Cure* there has been no textbook updating the underlying theory of naturopathic medicine, and no comprehensive guide to clinical practice and case analysis based on theory, and referenced to current research.

The book we produce will provide modern students, scholars, physicians, other healthcare providers with a comprehensive explanation of how to think clinically within the practice of naturopathic medicine. The textbook will be written by the outstanding teachers and clinicians of our time followed by a series of chapters on clinical strategies applying naturopathic principles and The Therapeutic Order/Hierarchy of Healing to clinical decision-making. It will conclude with implications for public health policy, global health and international naturopathic medicine, and implications for a renewal of public health practice.

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*it's been 90  
years since the  
last one; we  
need your help  
to make this  
project part of  
the naturopathic  
landscape for  
the next 90*

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Please send contributions to:  
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