



# Foundations of Naturopathic Medicine Project Update

# of Naturopathic Medicine Project Codifying our knowledge. *It's time.*

Summer 2008

## "Stream of Life"

*The same stream of life that runs through my veins night and day runs through the world and dances in rhythmic measures.*

*It is the same life that shoots in joy through the dust of the earth in numberless blades of grass and breaks into tumultuous waves of leaves and flowers.*

*It is the same life that is rocked in the ocean-cradle of birth and of death, in ebb and in flow I feel my limbs are made glorious by the touch of this world of life.*

*And my pride is from the life-throb of ages dancing in my blood this moment.*

Rabindranath Tagore

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\* Amounts represent 5 year contribution total

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*Without the vision, heart, and commitment from our corporate and individual donors, this timely and critical work would not be possible.*



## CHAMPION Support for Advancing Naturopathic Scholarship

Seroyal's generosity helps build a naturopathic medical community of scholars on three levels. As the Champion and NCNM President's Circle sponsor, Seroyal's financial commitment is powerfully sustaining for FNM. It keeps the project on course to accomplish the primary goals of publishing a seminal textbook codifying the philosophy and principles of naturopathic medicine, sponsoring an international symposia series, and guiding an educational resource development project on the emunctories system. As a growing international community of scholars, with over 200 naturopathic doctors in six countries and thought-leaders from related disciplines participating in writing the *Textbook of Naturopathic Medicine*, FNM is weaving a network of scholarly inquiry among the profession's schools, associations, and agencies.

## Metaparadigm: "Naturopathic Physicians: All the Same Only Different"

From the animated discussion at the *Foundations of Naturopathic Medicine's First International Editors Retreat* in April 2007, a structure was provided for evaluating naturopathic concepts, which when fully developed will enable the coherent articulation of naturopathic medical practice. The Metaparadigm discussion provides a forum that both retains the historic roots of our profession while allowing for continued development and diversity of styles in practice. This idea is gaining the attention of the profession. At the fall *Gathering*, an annual student conference dedicated to exploring naturopathic philosophy, several of the senior editors presented on the metaparadigm resulting in more input on different viewpoints from students. Jim Sensenig will present on the underlying philosophy of naturopathic medicine at the Naturopathic Medical Student Association (NMSA) Conference the Sunday following the AANP Convention, where the conversation on the metaparadigm will continue. FNM Senior Editors have been invited to present on this subject at the October 2008 Ontario Association of Naturopathic Doctors (OAND) Convention, an opportunity to gain understanding of how Canadian naturopathic physicians in Ontario view the metaparadigm.

## Retreat Proceedings Distribution

The *Executive Summary of the Retreat Proceedings* has been distributed to all naturopathic colleges to make this dialogue available across the naturopathic medical community to support ongoing discussion in the profession. At Skamania, we agreed the next task after the text is published was to invite the whole profession into the discussion. Sharing this *Executive Summary of the Retreat Proceedings* is one step toward this goal. As well, the Retreat participants agreed to publish an abridged executive summary in the *Integrative Medicine Clinicians Journal (IMCJ)*.

## FNM International Clinical Integration Symposium

Those present for the Editors Retreat will recall that "questioning how these lofty ideas apply to practice threaded throughout the dialogue relentlessly." The vision of the *FNM First International Clinical Integration Symposium* was born in these deliberations. To coincide with the book's publication and circulation, we plan to work to create this international gathering where a larger sector of the profession can come together to debate and work on developing clinical models for future editions. Next year, FNM Agency and College Liaisons are planning to gather with FNM Editors, colleagues, and *Friends of the Foundations of Naturopathic Medicine* to begin to organize this international event. It is our current plan to convene such a Symposium every five years or so to foster the continuing evolution of rigor, coherence and diversity in the profession regarding naturopathic clinical theory, principles, philosophy, and emerging models.



Thank you!

# FNM Project Editorial Team

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**Codifying our knowledge.**  
*It's time.*



## **Emunctorology Project Begins**

The Foundations of Naturopathic Medicine Project is pleased to announce that Sabine Thomas, ND joined the FNM Project as the Education Research Coordinator. The Core Team, which includes Rita Bettenburg, ND; Tom Kruzel, ND; Stephen P. Myers, ND, BMed, PhD; Kavita Sharma, ND; and Pamela Snider, ND, has approved her selection. Dr. Thomas is the Teaching Fellow at Bastyr University School of Naturopathic Medicine. She is also a Clinical Adjunct Faculty member for the Bastyr Center for Natural Health. She began research in late spring. The Core Team will then select a diverse peer review group, spanning the colleges and viewpoints to participate in developing this important educational resource in partnership with Seroyal and NCNM. The Core Team has reviewed the Emunctorology Project work plan and drafted a call for a "nomination of experts" for the project. For more information about Emunctorology and the nomination process, please contact Sabine Thomas at [emunctorology@gmail.com](mailto:emunctorology@gmail.com).

## **FNM's International Leaders and Vital Force Sponsor Metagenics Share Insights**

Dedicated to naturopathic medicine's global expansion and influence through scholarship, FNM's project to codify our medicine is one branch of a multifaceted movement to bring natural medicine to the center of a developing health care reform whose truth and timeliness insists it prevail. Having worked closely in the 1970s with its "rugged, individualist separatists," Jeffrey Bland, President and Chief Science Officer for Metagenics, recognizes that almost forty years later the naturopathic profession has accumulated "diverse talents, people who are seeing the value of working together, forming a culture. Encouraging a rising tide, the Foundations Project is creating opportunities to affiliate and grow so that doctors who thought they were an island can recognize they are connected by endless waterways." "It's time," says Australian associate editor and director of clinical education, Paul Orrock, ND, DO, "to be coherent, scholarly, and progressive about our wonderful medicine."

## **New Editors Join FNM Team**

Hans Baer, PhD, and George Cody, JDI, MPA, joined the History Editor team with Mitchell Bebel Stargrove, ND, LAc. Roger Newman Turner, ND, DO, BAc, is leading the Nature Cure Editors Team joining Cathy Rogers, ND, and Letitia Watrous, ND. Brian Henderson, MEd, who has been working closely with Senior Editor, Don Warren, ND, on the chapter on naturopathic medical education, brings his strong editorial skill to our team as an Associate Editor.

## **New Agency Liaisons and College Liaisons on the FNM Team**

This spring Kavita Sharma, ND, Associate Dean of Curriculum at the Canadian College of Naturopathic Medicine (CCNM), was appointed as an FNM College Liaison by President Bob Bernhardt, MEd., LLM, PhD. Tabatha Parker de Guzman, ND, Executive Director of the Natural Doctors International, has also agreed to join the FNM Team. In early summer, Patricia Wolfe, ND, President and Executive Director of Boucher Institute of Naturopathic Medicine (BINM) appointed David Scotten, ND, Dean of Academics, as an FNM College Liaison.

## **New Sponsors Join the Friends of the Foundations of Naturopathic Medicine**

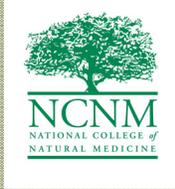
Nutri (Imports & Exports) Ltd became the Foundations Project's first international corporate sponsor with a pledge of \$10,000, beginning with \$5,000 this year! Besides **Vital Force** Sponsor, Metagenics, and Seroyal's move to the **Champion** level sponsorship, NaturPharm, Inc. joined the *Friends of the Foundations of Naturopathic Medicine* as a **Bronze** sponsor.

## **FNM Editors Training Session at AANP Convention**

Based upon her experience and renowned skill as a medical editor, Sheila Quinn will be training FNM Editors at the AANP Convention, Thursday, August 14 from 9 A.M. to 12 P.M. As the project enters the editing phase of developing the textbook, the different kinds and levels of editing will be discussed.



# Academic Home & Partners Program



## National College of Natural Medicine

*The Foundations of Naturopathic Medicine Project continues to have its academic home at the National College of Natural Medicine in Portland, Oregon.*

*NCNM's commitment to the Project through its Partners Program has been important to the long term strength of FNM as a catalyst for professional formation.*

049 SW Porter Street | Portland, OR 97201  
www.ncnm.edu

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### **Management Transition Model in Place to Enable Pamela's Healing**

Pamela Snider, ND, Executive and Senior Editor, is beginning treatment for her newly discovered cancer. For three decades Pamela has given her time, effort, and expertise to the organizations that have helped to shape the future of natural medicine: ACCAHC, IHPC, Bastyr, AANP, and the *Foundations of Naturopathic Medicine Project*, to name a few. For a moment she will be absent from our work. She wants everyone to know that she must completely let go of her professional responsibilities during this time to focus on her healing. She has great faith and confidence that the essential work is being picked up and handled by others, for which she is very grateful.

As our Elsevier representative observed, "Pamela and the entire team have built a strong and resilient collaboration of committed participants who are dedicated to the vision of the project. It is quite an accomplishment that it will move forward while she steps away to recover." During this time of healing for Pamela, Jared Zeff has assumed responsibilities as Interim Executive Editor and is working closely with Sharon Fisher, project manager. There is tremendous momentum throughout the team. Many have already submitted their chapters (or sections), and others are to complete work as soon as possible. The other senior editor team members- Jim Sensenig, ND; Joseph Pizzorno, ND; Stephen P. Myers, ND, BMed, PhD; Roger Newman Turner, ND, DO, BAc; and Don Warren, ND. - remain deeply committed and are working to keep the Foundations Project moving forward in a timely fashion.

Our deep appreciation is extended to our *Friends of the Foundations of Naturopathic Medicine* and our *Academic Home*, National College of Natural Medicine (NCNM), who both continue to work closely with us to advance this project and to synthesize and codify the emerging knowledge of naturopathic medicine.

Respectfully submitted on behalf of the Senior Editors (Snider, Sensenig, Pizzorno, Myers, Newman Turner, Warren),

Jared Zeff, ND, LAc  
Interim Executive Editor

### **Wishing You Warmth and Expansion of Spirit this Summer!**

With summer here and autumn soon upon us, the FNM Team looks forward to an incredibly busy period integrating and editing the wonderful submissions to the FNM text. The gifts of wisdom and time you are each giving to strengthen and communicate the heart of naturopathic medicine are vital to our profession. These contributions will educate naturopathic medical students in our colleges for generations to come. We all share the dream of helping to create a healthy world through the paradigm and practice of this medicine in collaboration with other care givers, leaders and naturopathic organizations around the world.

The Editors Team is moved and inspired by the inherent unity in the field which paradoxically claims our dynamic diversity as a rich part of our efficacy and contribution to healthcare reform. We can testify unequivocally to the "same but different" metaparadigm as one of our many principles.

We are delighted to be on this journey with you, to bring our elders and our traditional knowledge into the future, and to unite these with the frontiers of science and discovery advancing with and around us.

We are deeply grateful for your care and concern for Pamela as we all are an integral part of making our common dream a reality!

*With appreciation*  
*Jared, Sharon & the Senior Editors*

