

**The British
Naturopathic
Journal**

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BNA celebrates an historic occasion

THERE IS no doubt that the British Naturopathic Association made history in May by awarding Fellowships to five individuals who over the years have made an outstanding contribution to naturopathy both nationally and internationally.

It might, of course, be obvious to say that with the professionalism, dedication and skills shown by many naturopaths over the years that there could have been a score or more of possible contenders for these five awards. So many names easily spring to mind.

Like all decision-making processes, it was most likely that all of this year's five names were not on all the lists of those doing the selecting – or, if they were, then they were not likely to be in the same order.

Let's hope, then, that Fellowship Award can become an annual ritual, even if we can add only one deserving name a year to the list.

Perhaps, some kind soul, or corporate body, might even take it upon themselves to sponsor the cost of such an occasion.

This year there were several commercial supporters of the BNA Celebration – and all thanks to them.

The leading spirit behind this event was the BNA's president Janine Leach, whose ability to organise and inspire colleagues to get involved, was the key to its success. And those invested with the tasks of securing publicity, sponsorship and generally ensuring the smooth running of the day are also entitled to BNA accolades.

The Fellows lived up to their reputations by delivering polished acceptance addresses – informative, educational, humorous, thought-provoking and – as there is a spectrum of ideas within naturopathy – not without controversy.

Janine Leach said she was delighted that the day went so well. "Many people made a point of saying how much they enjoyed the presentations, the venue, the food, the trade stalls, and meeting up with old friends. It made all the hard work worthwhile!

"I very much enjoyed the varied presentations, and I was really pleased to put faces to many well-known names. I counted six past presidents of the BNA there. There were both



BNA president Janine Leach

regular supporters of our events and some who rarely attend, who all seemed to meet up with old friends. The event also gave the BNA a lot of valuable publicity, which hopefully raised our profile: we were featured in *CAM* magazine and *The Osteopath* as well as the training colleges."

Naturopaths and herbal medicine

WE REPORTED in the last issue that the legal right of naturopaths' to mix up herbal medicines on an individual basis for their patients is in danger of being lost under proposals by the Medicines and Healthcare Regulatory Agency (MHRA) to revise Section 12 (1) of the 1968 Medicines Act.

The difficulty is in framing legislation to allow adequately trained practitioners to continue with this time-honoured practice, while excluding practitioners who operate under 12(1) without possessing any relevant qualifications.

The MHRA would like the legislation to

A Magnificent Celebration



Conference pictures by Emma Neate



Brian Isbell, from the School of Integrated Health at the University of Westminster, introduced Leon Chaitow as someone who naturopaths can be justly proud of, not only for what he had already achieved but for what he is still contributing to to the world of naturopathy.

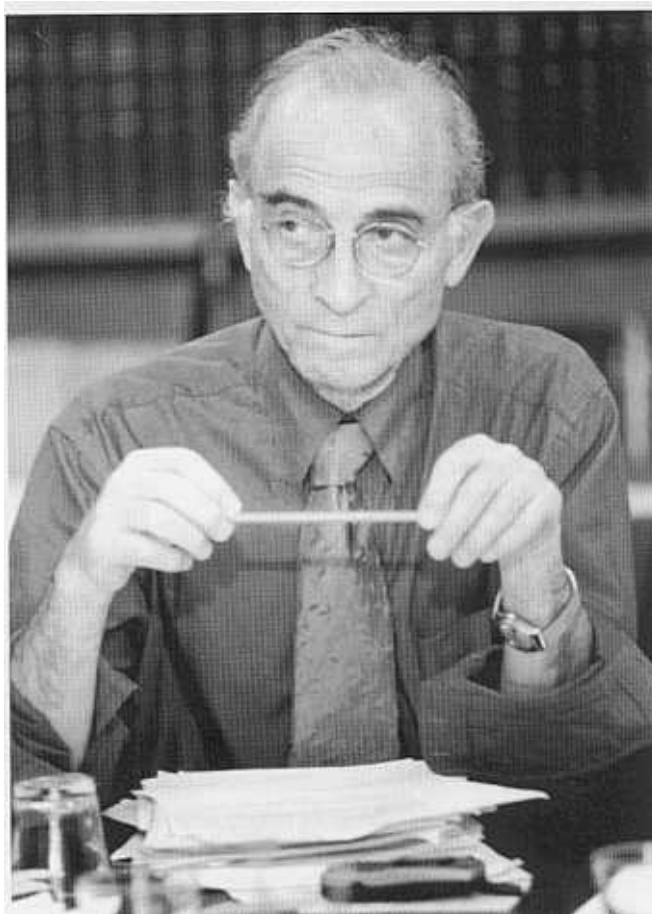


Linda Goodman, vice-president of the GCRN, received the Fellowship award on behalf of the late Joe Goodman.

1. Joe Goodman's Fellowship award was received by Linda Goodman.

Joe was a naturopath, osteopath and acupuncturist with great vision and leadership, who inspired many cohorts of students at the College of Osteopaths to embrace naturopathy.

He was an ambassador for the professional autonomy of complementary medicine in the public, political and medical arenas



ation of Naturopathy

...and five jolly good Fellows



3. Denis Kiely, a naturopath since 1947, spoke on *Mind, Body and Spirit* and said he agreed with the pioneers that 'all disease is one'. We should not focus our concern on the condition presented by the patient, but on the person who has the disease.

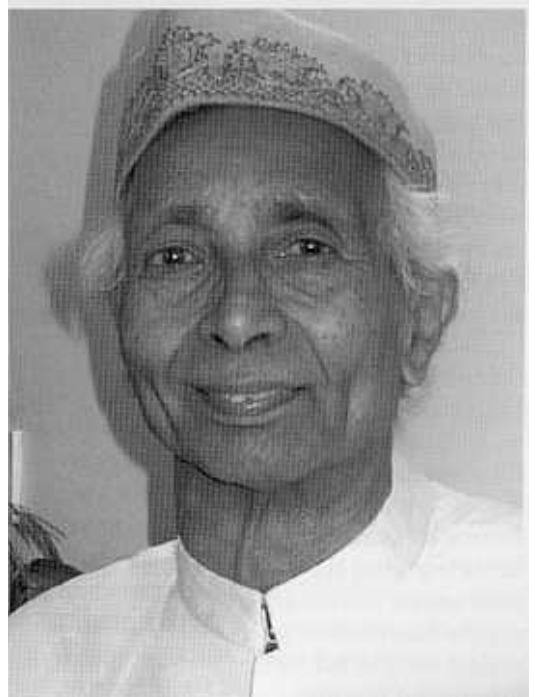


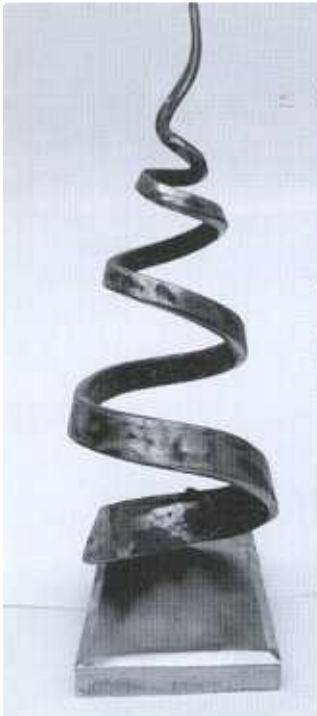
4. Leon Chaitow is a well-known lecturer and the prolific author of more than 70 textbooks on complementary medicine. Leon was the first naturopath to be appointed as a consultant at a UK medical practice – the Marylebone Centre in London. He emphasised the need to maintain manipulation as part of naturopathy.



2. Roger Newman Turner, who graduated in 1963, is the author of many books on health and diet, including the classic *Naturopathic Medicine*. He is also a popular international lecturer and broadcaster. He said it is now time for naturopaths to codify their knowledge, and to this end, practitioners from all over the world were attending a series of meetings in Oregon for the Foundations of Naturopathic Medicine Project.

5. Keki Sidhwa, who trained under James C. Thomson at the Edinburgh College of Natural Therapeutics and Stanley Lief at the BNOA, has spent a lifetime educating the public about the principles of nature cure. He opened his Shalimar Health Home in 1960 and has supervised more than 25,000 people on fasts and improving their lifestyle. Keki was introduced by Margaret Burningham, as Felix Heimer was unable to attend.





A Magnificent Celebration of Naturopathy



Olivier Leost, vice-president of the BNA, paid tribute to the work of Joe Goodman, saying that he was a great teacher, and an inspiration to his students – and always enjoyed challenging discussions.



Jennifer Harper-Deacon, columnist for the *What's the Alternative?* page in the Sunday Times Style magazine, was well qualified to speak on integrating traditional and modern methods in naturopathic practice as she is a naturopath, nutritionist, Western and Chinese herbalist, acupuncturist, iridologist and Reiki master.

The Fellowship Award

THE AIM was to find an award that could grace a Fellow's desk and would reflect naturopathic principles, a spirit of renaissance and the five elements.

The final award, designed by Rebecca Leach, was individually hand-crafted in iron and brass, shot-blasted and then zinc-coated for durability. The design evokes the spiral of life, the flow of water, the growth of plants, the flight of imagination, the flame of love, the mystery of the universe and, above all, the inspiration that each Fellow has given to so many naturopaths.

Kim Lavelly, Chief Executive of the Prince's Foundation for Integrated Health, addressed the meeting on the foundation's vision for the future of integrated health.

Harald Gaier, president of the GCRN, chaired the morning session and presented the Fellowship Awards to the five recipients



Brian Youngs described Roger Newman Turner as an internationally respected practitioner of naturopathy and said that Roger had recently been appointed as a senior editor of the international Naturopathic Foundations Project.

Colin Winer referred to the great contribution to naturopathic education made by Denis Kiely, who had studied under Stanley Lief, and became the third Dean of the British College of Naturopathy and Osteopathy. Denis was also twice president of the BNA.

