

Foundations of Naturopathic Medicine Project Update

Foundations of Naturopathic Medicine Project Codifying our knowledge. *It's time.*

March 2008

Twenty-Four Brand-New Hours

The Path of Mindfulness in Everyday Life

Every morning, when we wake up, we have twenty-four brand-new hours to live. What a precious gift! We have the capacity to live in a way that these twenty-four hours will bring peace, joy, and happiness to ourselves and others.

—from *Peace Is Every Step* by Thich Nhat Hanh

Friends of the Foundations of Naturopathic Medicine

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Without the vision, heart, and commitment from our corporate and individual donors, this timely and critical work would not be possible.

Thank you!

Metagenics Joins FNM in Special "Vital Force" Sponsorship in NCNM's Partners Program

Metagenics Inc. has pledged its powerful and sustaining support to FNM's mission through a gift of \$250,000 over five years. FNM is honored to partner with Metagenics and NCNM in this dynamic collaboration. FNM is especially grateful to Dr. David Schleich, Susan Hunter and Dr. Joseph Pizzorno, who worked with us to develop this exciting opportunity with the world class team at Metagenics! Watch for a feature on the Metagenics vision, mission, philosophy, and values in the August NDNR.

www.metagenics.com

Generous Gift of \$10,000 Brings Nutri (Imports & Exports) Ltd -UK on Board FNM

The FNM celebrated its first international *Friend of the Foundations of Naturopathic Medicine* welcoming its first international corporate sponsor Nutri (Imports & Exports) Ltd to the team. Dr. Roger Newman Turner and Dr. Joseph Pizzorno worked on developing this relationship. We are excited to see the enthusiasm that Nutri has for our work and look forward to visiting the UK to hear from students, faculty and the industry friends who share the Foundations mission. www.nutri-online1.co.uk

On Track with Textbook's Timeline . . . It's Moodle Time.

Authors are working diligently to meet the March 31 deadline for drafts. As the book's publishing date draws nearer, FNM's international crew of authors and editors are making streamlined use of Moodle, the online communication management system donated to the project by NCNM. Senior and associate editors will work into late spring taking advantage of Moodle's global networking ability to share with contributors their introductory section chapter drafts for feedback with reviewers. Contact Sharon Fisher at foundationsproject@comcast.net with any questions.

Invaluable Resource Donated to FNM

Scholar, leader, and history associate editor, Mitchell Bebel Stargrove, ND, LAc, generously donated the IBIS and Interactions projects' resources, a database including over 20,000 articles and abstracts covering relevant topics such as medicine, science, history, and culture, to be used by FNM editors and writers. Eventually, Dr. Stargrove wants to make the database available to the profession, including colleges. To extend, expand, and secure the database online, FNM has established a fellowship held by Zora DeGrandpre, MS, ND. Kris Ritchey (NCNM 2008), currently developing a natural medicine fellowship program, will be working closely with FNM and Dr. DeGrandpre using this Fellowship to pilot and develop her program.

British Naturopathic Association Awards First Fellowships

"The British Naturopathic Association (BNA) made history in May 2007 by awarding Fellowships to five individuals who over the years have made an outstanding contribution to naturopathic medicine both nationally and internationally. The award reflects naturopathic principles, a spirit of renaissance and the five elements in a design that evokes the spiral of life, the flow of water, the growth of plants, the flight of imagination, the flame of love, the mystery of the universe and, above all, the inspiration that each Fellow has given to so many naturopathic doctors."

Please join us in congratulating Roger Newman Turner, ND, DO, BA, and Leon Chaitow, ND, DO, both contributors to the Foundations of Naturopathic Medicine Project (FNM), who were among the first five to receive *The Fellowship Award of the British Naturopathic Association*. See www.naturopaths.org.uk.



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ACADEMIC HOME

National College of Natural Medicine

PUBLISHER

Elsevier

BNA Fellowships, continued

Dr. Roger Newman Turner, FNM Senior Editor, was recognized as "the author of many books on health and diet, including the classic *Naturopathic Medicine*, an excellent text on classical naturopathic philosophy and as a popular international lecturer and broadcaster who says 'it is now time for naturopaths to codify their knowledge.' His participation in the First International FNM Editors Retreat and recent appointment as a Senior Editor was acknowledged and celebrated."

Dr. Leon Chaitow was recognized as "a well-known lecturer and a prolific author of more than 70 textbooks on complementary medicine. Dr. Chaitow was the first naturopath to be appointed as a consultant at a UK medical practice, the Marylebone Centre in London. He emphasized the need to maintain manipulation as part of naturopathic practice." (*The British Naturopathic Journal, Vol. 24, No. 2, 2007*)

BNA Publishes Article on FNM Editors Retreat

In the *British Naturopathic Journal* of the British Naturopathic Association (BNA), Roger Newman Turner, ND, DO, BAc, reported on the "historic meeting to define the foundations of naturopathic medicine," the First International FNM Editors Retreat. (*The British Naturopathic Journal, Vol. 24, No. 3, 2007*)

Integrative Medicine Clinicians Journal (IMCJ) to Publish FNM Editors Retreat Executive Summary

An abridged version of the Executive Summary of the Editors Retreat proceedings will be published in the *Integrative Medicine Clinicians Journal (IMCJ)*, www.imjournal.com, a peer reviewed medical journal. Joseph Pizzorno, ND and FNM Senior Editor, is IMCJ's Editor.

Elizabeth Sutherland, ND Granted Fellowship

Kudos to Elizabeth Sutherland, ND, who was awarded a two-year post-doctoral fellowship in the Arizona Complementary and Alternative Medicine Research Training Program (an NIH/NCCAM funded T-32 program) at the University of Arizona's Department of Family and Community Medicine to study whole systems healing and to develop skills consistent with the independent clinical investigator. We are excited that she will be working closely with Iris Bell, PhD, MD and Mary Koithan, PhD, RN, APRN, BC, both dynamic and provocative presenters at the First International Editors Retreat in April 2007 and are writing for the book.

Welcome to International Senior Editors

We are delighted to announce that Don Warren, ND, *DHANP*, has joined the Senior Editors Team rounding out international participation to include Canadian scholarship, along with Roger Newman Turner, ND, DO, BAc, in the United Kingdom and Stephen P. Myers, ND, BMed, PhD, in Australia. The expertise that each of our accomplished colleagues brings to the leadership of the text is already energizing our work.

Welcome to New Associate Editors

A warm welcome to Hans Baer, PhD, and George Cody, JDI, MPA, to the History Editor team with Mitchell Bebel Stargrove, ND, LAc. Our thanks and warm welcome, also, to Pauline Baumann, ND, who is assuming responsibilities as Associate Editor for the Spirituality portions of the text. And, finally, we are very pleased to welcome Roger Newman Turner, ND, DO, BAc, to the Nature Cure Editors Team joining Cathy Rogers, ND, and Letitia Watrous, ND.

Recent Publications by FNM Authors

Warm congratulations to Mitchell Bebel Stargrove, ND, LAc, and Leon Chaitow, ND, DO, on the successful completion and publication of their book projects! These are vital works in the advancement of naturopathic and natural medicine. We encourage you to explore these engaging texts.

Herb, Nutrient and Drug Interactions: Clinical Implications and Therapeutic Strategies, Mitchell Bebel Stargrove, ND, LAc; Jonathan Treasure, MA, MNIMH, RH (AHG); Dwight L. McKee, MD. Mosby Elsevier, 2008.

Naturopathic Physical Medicine: Theory and Practice for Manual Therapists and Naturopaths, Editor: Leon Chaitow, ND, DO; with contributions from: Eric Blake, ND, LAc; Paul Orrock, RN, ND, DO, MAppSc (Res); Matthew Wallden, CHEK IV, HLC III, MSc, Ost Med, ND, DO; Co-authors of Chapter 1: Pamela Snider, ND and Jared Zeff, ND, LAc; Forward by: Joseph Pizzorno, ND. Churchill Livingstone Elsevier, 2008.



Academic Home & Partners Program



National College of Natural Medicine

The Foundations of Naturopathic Medicine Project continues to have its academic home at the National College of Natural Medicine in Portland, Oregon.

NCNM's commitment to the Project through its Partners Program has been important to the long term strength of FNM as a catalyst for professional formation.

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www.ncnm.edu

Friends of the Foundations of Naturopathic Medicine

INDIVIDUAL CONTRIBUTORS

Simillimum Campaign

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Foundations of Naturopathic Medicine Project
Codifying our knowledge. *It's time.*



FNM joins the National College of Natural Medicine Partners Program -from the NCNM Connection Winter 2008

NCNM has developed a new approach to fundraising called "the Partners Program" which includes a tapestry of categories and benefits to individuals, organizations, companies, and agencies partnering with the College in a long list of projects such as important new research in the Helfgott Research Institute, *codifying the philosophy, theories and practice of the Foundations of Naturopathic Medicine Project*, prototype residencies such as the exceptional new Dr. James Sensenig Master Residency Program, new curriculum development, an annual medical symposium on timely topics, Natural Doctors International brigade scholarships, faculty scholarship and study leave plans, student bursaries and scholarships, plant and property improvements. We also have the blueprint for a new Peer Helpers Program which the Partners Program is supporting alongside numerous customized one and multi-year projects whose collective imperative is to build the profession nationwide.

The Foundations Project is honored and excited to join this exciting Partners Program collaboration at the invitation of our Academic Home, National College of Natural Medicine. The vision, energy and leadership of Dr. David Schleich, President, and Associate Vice President of Advancement, Susan Kay Hunter through the Partners Program is at the heart of our growing Foundations. Please join us in thanking them and NCNM for their support!

Touchstone Awards Honor FNM Friends

At the 2007 AANP Convention in Palm Springs, David J. Schleich, PhD, President of the National College of Natural Medicine (NCNM) and Pamela Snider, ND, Executive Editor (FNM) presented Touchstone Awards at the NCNM reception to the *Friends of the Foundations of Naturopathic Medicine* for their contribution toward the success of the First International Editors Retreat at Skamania Lodge in April 2007. "A *Touchstone* event in cultural history forever changes how human matters go forward and is a significant turning point which can alter everything that follows." We gratefully acknowledge the generosity of our *Friends of the Foundations of Naturopathic Medicine* and honor their powerful commitment to the future of naturopathic medicine exhibited by these Charter Corporate Sponsors! See sidebar on front page.

Wishing You Renewal, Health & Vitality This Spring!

As spring comes, the FNM Team looks back on an incredibly productive year with gratitude for the many skills and gifts establishing the Foundations of Naturopathic Medicine. Many of you are busy writing or revising submissions, working with editors or lead authors. Many others are providing in-kind and financial support. We are aware of the tremendous gifts of wisdom and time you are each giving to strengthen and communicate the heart of naturopathic medicine. Together we are working to make an important contribution to students in our colleges for generations to come. We share the dream of helping to create a healthy world through the paradigm and practice of this medicine in collaboration with other care givers, leaders and naturopathic organizations around the world.

Each of us cultivates this ground. The Editors Team continues to be moved and inspired by the inherent unity in the field which paradoxically claims our dynamic diversity as a rich part of our efficacy and contribution to healthcare reform.

We are committed to the journey with you, to bringing our elders and our traditional knowledge with us and to uniting these with the frontiers of discovery advancing among and around us.

We honor the vitality that this time will bring and wish you all renewal and the many blessings of this time of new growth and life.

*Blessings,
Pamela, Sharon & the Senior Editors*

